



Samuel W. Wolfson High School
7000 Powers Avenue
Jacksonville, Florida 32217

Chris Begley
Principal

December 15, 2019

To Whom It May Concern:

It is an honor to write this letter of recommendation on behalf of Jonah McCarthy. Wolfson High School has been fortunate to have Jonah as an athlete on the swim team for the past 3 years. During this time his leadership qualities, organizational skills, work ethic and willingness to give of his time beyond an average student is what sets him apart from most.

I had the pleasure of being Jonah's high school swim coach for the last three years where I have gotten to know him better. He put his whole heart into striving to be the best that he can in swimming. He advanced to the Regional Meet in all 4 of his events with personal bests in his individual swims. In addition to excelling in the pool, Jonah was chosen as a team captain this year. He is also a member of the prestigious Bolles Swimming program where he puts in countless hours training to reach his goals in the pool. Jonah is an extremely hard worker and cares for others deeply. He is always willing to lend a helping hand to coaches and teammates.

Jonah is a very determined and dedicated young man and consistently strives for excellence in all tasks assigned to him. He has a positive attitude regarding the activities in which he participates. I believe that Jonah would be an excellent selection for admittance into a College or University where he can continue his pursuit of an education while swimming. His dedication to the Wolfson Swim Team as well as other leadership roles shows his impact as a leader.

If further information is required, please call 904-739-5265 ext. 123 or e-mail tinsleyc@duvalschools.org

Respectfully,

Cindy L. Talley
Varsity Swim Head Coach
Athletic Director
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"A tradition of Excellence"

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